

SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

A newsletter that promotes our core values of Self Directed, Perseverance, Inspiration, Responsibility, Independence, and Tolerance

March 24th

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848 (603) 382-6226 www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you all had a nice weekend. Last week marked the start of spring, and with that spring sports are starting this week (see page 2 below for more information). Per Superintendent Dr. Ambrose's message to the community on Thursday, there will now be an *early release on Monday, April 8th* with a 12:10 dismissal at SRMS. This early release is occurring to allow parents/guardians to plan for child care and make decisions

about how to handle the solar eclipse while ensuring that students do not stare at the sun while on the bus or walking home.

A Message About Spring Sports Tryouts From Dr. Dawson - Spring Athletics begin Monday, March 25. Here at SRMS, we offer three opportunities in the spring season: Baseball, Softball, and Track & Field. All student-athletes should be registered through <u>Final Forms</u>. Parents / Guardians - if your child has played a sport this year, signing them up takes just a moment. If this will be your kiddo's first season, it's not too hard, I promise. If you get stuck at any point, just reach out to me.



Communication for all sports will be mostly via SportsYou. You can find the sign-up links for SportsYou below in each sport's information, including game dates, times, and locations, practices, etc. When things change, the first notice will be sent via SportsYou.

Track & Field: Practices will begin Monday down on the track at 2:30. Practices will be Monday-Tuesday-Thursday-Friday each week, and end around 4:00. SportsYou: MS Track

Baseball: Practices will begin Monday at Chase Field at 2:30. The kids will have access to a bus to take them over; we'll announce which one that afternoon. We'll end at 4:00. SportsYou: MS Baseball

Softball: Practices will begin Monday here on the HS / MS campus, 2:30 - 4:00. SportsYou: MS Softball

If you have further questions, please look <u>HERE</u> first, then email Dr. Dawson at <u>rdawson@sau17.net</u>.

A Message from SRMS Drama Club - Due to circumstances beyond our control, the cast and crew of Young Sherlock Holmes are in need of additional rehearsal time. As a result, rehearsal time on both Monday, 3/25 and Tuesday, 3/26 will be shifting from 4:00-7:00 pm instead of 4:00-6:30 pm. This extra time will give our cast and crew additional time to practice in the auditorium. It would also be extremely helpful if you could help your cast member(s) learn their lines. We are noticing that many students are struggling to memorize their lines and this is greatly impacting our ability to rehearse the play.

Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6 pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Students have received emails with information about the game, including how to sign up to play. Any student who would like to play and has not done so should check their school email.



Any *parent/guardian or staff member interested in playing the game* can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing concessions and raffle tickets, or consider helping our Boosters by volunteering with set up, during the game, or clean up. If you are *interested in volunteering or donating drinks* & snacks for concessions, please click the link below. For more information about the game, please see the flyer on page 6 below.

Click Here for Parent/Guardian Sign Up for the Parents/Staff vs. Students Basketball Game Click Here For Volunteer Sign Up or Concessions Donations

Yearbook Orders - To order a 2023-24 SRMS Yearbook, please click here.



Have a great week!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal

SRMS Class of 2028 Spotlights



Kaleigh,

We are so proud of you! Keep reaching for the stars! Michigan won't know what hits them! We love you so much!

Love, Mumsy, Dada and Kensi



Lucy,

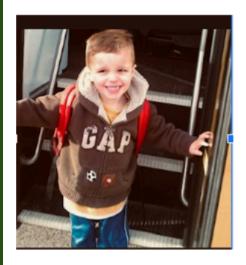
We are so proud of all you have accomplished! Keep working hard , your future is bright.

We love you!

Love Mom, Dad and Johnny

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net

SRMS Class of 2028 Spotlights



Dear Brayden,

We are so proud of you! You are a determined, self-starter who never gives anything less than 110% in everything you do academically, in sports and socially. You certainly keep us on our toes and we wouldn't expect anything less from you. We are so excited to see what's to come as you enter the next chapter of your life in High School and beyond.

Congratulations and follow your passion!

We love you, Mom & Dad



Addison,
We are so proud of you and all you've accomplished in Middle School.

Love, Mom, Dad & Josh

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net



SRMS BOOSTERS PANSIES FUNDRAISER



Please support the SRMS Boosters by purchasing locally grown pansies to raise money to support the school's scholarships and other fun activities. A big thank you to Newton Greenhouse for helping the Boosters support our Middle School!

Order form and payment is due April 5th (Please make checks payable to SRMS Boosters)
All pansies are 4.5" and will be \$10.00 each

Name	Purple	Yellow	White	Amount Due
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
				\$
Totals				\$

Pickup is planned for the week of April 8th - 12th. Final date will be announced as we get closer. Please send questions to Bossmom1511@gmail.com



it's time for

Mulch Madness

Sanborn Music Boosters are teaming up with PR Russell in Brentwood, to once again bring you the best mulch in the area! Get a jump on your spring planting and brighten up your yard.











Mulch: 2 cubic feet per bag · CompostedManure: .75 cubic feet · Potting Soil: 1 cubic foot \$4.00 per bag when purchasing 5 or more of mulch or potting soil



Place your order by April 3 Pick up your order on April 13 between 9-2 at PR Russell in Brentwood

https://www.signupgenius.com/go/20F0C44AAA722A3FE3-48631262-mulch

questions: musicboosters@sau17.net

A Message From School Counseling

First, and Lasting Impression Count, Even on Social Media

For both Middle School aged and High School aged students, the lure of followers, likes and streaks is not going away. Students are reporting that the connections they make online, and the drive to feel seen, relevant, and active on social media apps have real-life impacts on their status, sense of happiness and cache. While many of us haven't a clue or care about our online persona, our students do.

While it may seem strange or unhealthy, some good can come from the implication that they do care how others perceive them on social. If we can help model, moderate, and teach the kids how their online persona can affect their future, safety and privacy, we can curb some of the negative interactions that might spill into real life with unintended consequences.

College admissions offices, hiring committees and human resource departments are turning to social networking sites like apps like Facebook to learn about applicants more than ever before. What's on your Facebook-is it appropriate? Would you be embarrassed if any of your images were seen by a college admissions officer or prospective employer?

A student's online persona and social media activity is a snapshot of who you are to a college admissions officer who doesn't know them. Try to get involved in what your student does online so you can be a partner in helping them create a positive digital/online persona. Teaching students to maintain appropriate, legal, and curated online personas will be important for the future because you never know who is looking...now, or later.

Attached are articles regarding how social media is impacting the college admission process.

https://www.kaptest.com/study/college-admissions/college-admission-the-complete-guide-to-social-media/

https://www.insidehighered.com/admissions/article/2018/04/23/new-data-how-college-admissions-officers-view-social-media-applicants

Assistance and Supports in our Community for Families

The winter season is slowly lurching to its close, and with this in mind, here are some local and state resources that may help Spring come sooner!

Child Care Resources for Families

Search for child care and get free referrals tailored to fit your family's needs. Find information about different types of childcare.

Judicial Branch Offers Free Eviction Mediation Programs Statewide

To help residential landlords and tenants resolve their differences before eviction cases are filed in court, the New Hampshire Judicial Branch is launching a new, no-cost mediation program.

Weatherization Assistance

Whether you own or rent, our federally funded Weatherization Program is designed to address health and safety issues inside your home. The energy efficiency of the home may increase resulting in reduced energy costs.

Homelessness Prevention Services

Provides services that may include short-term assistance to prevent eviction, help in securing new housing for those who are suddenly homeless, and information & referrals for individuals and families in need of emergency shelter.

<u>Low-Income Home Energy Assistance Program</u> (LIHEAP)

New Hampshire residents who are elderly, disabled and low-income are provided financial assistance needed to pay for vital heating and utility expenses through the colder months.

Rockingham County Food Pantries

All food pantries have some food and items which will require income guidelines to be met, however private donations will have no eligibility requirements for distribution.

NH Food Bank

Listings for local food pantries and soup kitchens throughout New Hampshire. Unlike certain public assistance programs, the staff at the pantries and soup kitchens will not ask to see your income or prove you need assistance

As always, we are a community. Not just for the kids, but for all our Sanborn people! Please reach out to your student's counselor for any information or assistance that you or your family might need.

End 68 Hours of Hunger





A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.



Visit our website to learn about commonly misused substances

Understanding "Fake Pills" and the potentially fatal danger of experimentation by teens.

DEA Drug Fact Sheets The Partnership at Drug Free NH

Families can and DO recover together. Start your Recovery Journey today with these NH Resources.

March is also Self Harm Awareness Month. To get help or learn more visit the crisis text line

Follow <u>@sorocknh</u> on FB to stay informed. If you have questions in the meantime visit <u>sorocknh.org</u>, <u>drugfreenh.org</u> or reach out to me at <u>sorocknhcc@gmail.com</u> We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. <u>Take the 2023-2024 survey here!</u>

<u>Attention Boosters/PTA/PTO and other parent or community/civic groups.</u> SoRock wants to talk with you! We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

<u>Learn more about Suicide Risk factors, protective factors, and warning signs</u>

Need Help Now? Dial <u>988</u> or call <u>New Hampshire Rapid Response Access Point</u> Call/Text 833-710-6477 or Chat Now

Are you a Parent in Recovery? <u>Children Learn a Lot from Your Recovery!</u>
Need Help with Your Recovery? <u>Click Here for NH Recovery Support Resources</u>
Are you impacted by the substance use of a loved one? <u>Find support here</u> and <u>here</u>

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do? Email Charlotte Scott, Program Director sorocknhce@gmail.com or call 603-642-3341 x 1235

NEWS RELEASE

SANBORN REGIONAL SCHOOL DISTRICT

Date: February 2024

Daniel J. Bakie School KINDERGARTEN REGISTRATION for Newton and Kingston, NH

If your child will be five years old by September 30, 2024, and you are a <u>resident of Kingston or Newton, NH</u>, you should consider registering your child for full-day kindergarten for the 2024-2025 school year. Please visit our school website at http://www.sau17.org/3/home and click the 2024-2025 registration link. Registration is done completely online. Documentation required to complete the registration process includes a current physical & immunization record and proof of residency documents. The Sanborn Regional School District has defined the following acceptable residency documents: a copy of a <u>current</u> utility bill (electric, cable, gas, oil) showing your name and address (no P.O. Boxes), <u>along with</u> either a signed lease, a notarized letter from Builder or Realtor, property tax bill, settlement document on a new home or a property deed. Registering early helps us plan appropriately. We ask that registrations be completed *no later than Wednesday, May 1st.*

New Hampshire State Law requires all children to have had immunizations for DPT, Polio, Mumps, Measles, German Measles, Chicken Pox, and Hepatitis B before school entry. They also require each child to have a complete medical examination within one year before entry into kindergarten.

Incoming parent orientation is scheduled on **Wednesday**, **April 10**th **from 3:20-4:20 p.m.** at the D.J. Bakie School (see below for specifics). This event is designed for parents/guardians and their students! This event is focused on visiting kindergarten classrooms, meeting the teachers, and seeing their classrooms. There will be an opportunity to meet our unified arts team and see other specific programs at a later date. The schedule is as follows:

Time:

3:20-3:50 If your Last Name begins with A-M

(If you have older students or PreK students, please park at Swasey after pick-up and walk over. Please do NOT park in the lot here)

3:50-4:20 If your Last Name begins with N-Z

We are excited to have you share the opportunity to visit classrooms and speak with our staff!

All incoming kindergarten students are required to participate in a screening process. You must register your child so that they may participate in the screening. Screening dates will be announced at a later time.

Please contact Kim Rousseau, Enrollment Coordinator, by telephone at (603) 642-5272, x101, or email krousseau@sau17.net for any questions.

THE SEACOAST SCHOOL OF TECHNOLOGY PRESENTS THE 15th ANNUAL SUMMER CAMPS FOR MIDDLE SCHOOL STUDENTS

Exciting summer camps will be offered once again to students who are **currently** in the 5th, 6th, 7th or 8th grade. One-week camp sessions will take place during the week of June 24, 2024. Each day's session will run from 8:00 a.m.-12:00 noon. Students are responsible for their own transportation. No food will be served. Each camp will run contingent upon enrollment. A student will be considered enrolled once the enrollment and medical forms are complete and a check made payable to the Seacoast School of Technology has been received and cleared. **Camp sign-ups will begin on Monday, March 25, 2024. Registration forms must be postmarked no earlier than Friday, March 22, 2024.** The following camps will be offered on a first-come, first-served basis:

Become a Builder Week of June 24

Want to learn basic knowledge of hand tools and power tools? Want to learn proper safety techniques to use in a workshop or on a construction site? Sign-up for this camp and each day you will build an exciting new project with the tool of the day. Campers are required to wear pants and no open-toed shoes. Limit 12 students. Total cost \$145.00.

Culinary Arts Week of June 24

Do you love to bake? Spend a week in our Intro to Baking Workshop! You will practice making new and exciting varieties of cookies, pies and tarts, filled cupcakes, quick breads and yeast breads! You will learn how to use professional tools and equipment while preparing all of these delicious confections. Note: long pants, closed-toed shoes and hair tied back are a safety requirement. Limit 14 students. **Total cost \$160.00**, this includes a chef hat.

Engine Overhaulin' Week of June 24

Embark on a thrilling journey into the world of automotive repair at Seacoast School of Technology's summer camp! Led by expert instructors, campers will explore essential maintenance techniques using professional-grade tools. From oil changes to brake inspections, they'll dive into hands-on activities in a safe, enjoyable environment. The highlight? Dismantling and reassembling an engine to uncover its secrets. Join us for an unforgettable and fun-filled adventure in auto repair! Secure your spot today. Limit 12 students. Total cost \$145.

For the required application and health form, go to **sst.sau16.org**. As a program fills, it will be listed on the website.

The **non-refundable fee** (unless program is cancelled) of \$145 is valid for completed applications and health forms received through May 17, 2024.

No refunds for natural disasters, local emergencies, loss of power or water, etc.

A letter confirming your child's placement will be mailed to you after May 17, 2024.

For further information or questions, please contact Brenda Schrempf at 775-8461 or bschrempf@sau16.org

Mail forms and payment to: Seacoast School of Technology, Attn: B. Schrempf, 40 Linden St., Exeter, NH 03833 *NOT A SCHOOL-SPONSORED EVENT*

Technology Fun Night CLXI Friday, April 12, 2024 6:00 PM – 8:00PM

Place: Seacoast School of Technology

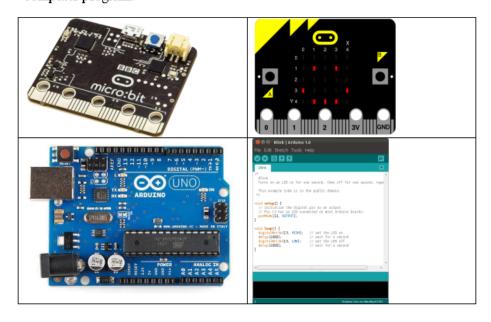
Who: Grade 5 - 9 students

Cost: Voluntary donation of 3 cans of food for local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

Register online @ https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b Registration opens 8 AM on Tuesday, March 19, 2024. Registration deadline is April 11, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about hardware programming using the Arduino and Micro:Bit single board computers. You will learn about interfacing Light Emitting Diodes and pushbutton switches to control a computer program.





Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

Adventurelore Summer Camp

MEET OUR STAFF



The ADVENTURELORE staff is most responsible for the success of our program. All staff members possess the high degree of sensitivity, understanding and energy necessary to answer the individual needs of each of our adventurers. Our staff members have considerable experience working with the youth in various environments. Both junior and senior staff members are carefully selected and well trained to provide the highest quality programs. ADVENTURELORE averages a

1:3 Counselor: Adventurer Ratio

Learn more about -

our awesome staff at ADVENTURELORE.ORG

Like us, follow us. We love t share our photos and



Phone: 603-382-4661

Email:

Office@adventurelore.org

Adventurelore's Summer Camp is a historically safe high-adventure coed outdoor living experience designed to offer challenging and successful experiences for children and adolescents. Under professional supervision and guidance, adventurers will gain self-esteem and personal confidence through adventurous, excitin and FUN filled activities, while acquiring outdoor living skills. These skills have been proven to be physically and mentally beneficial to individuals of all ages. We strive to help youth unfold positive attitudes about themselves and their peers in outdoor surroundings through exposure to both individual and group challenges.

Ryan's Message

Summer camp is one of the most amazing experiences you can provide your child. At Adventurelore we believe that camp is more than just having fun. It's about having fun while making new friends, great memories and leav valuable life skills. When our campers return home we want them to have had the best adventure of their lives while also feeling like they learned life lessons and skills they can use as they grow into teenagers and young adults.



Ryan Holder



5 DAY AGES 8-12 NH CAMP JUNIOR 1 | July 8 - 12 | \$1,395 JUNIOR 2 July 23 -27 |\$1,395

6 DAY LAGES 10-13 LME CAMP

Adventurelore is offering 5 and 6 day programs for juniors designed to be a life enriching taste of our Woodstock, NH and Franklin, ME base camp activities. Adventurers will enjoy the experiences of camping, swimming, rock climbing, rappelling, canoeing, and white water kayaking on Junior 1 and 2 (5-day programs) at our Woodstock, NH campsite. On our Junior 3 trip (6-day program) at our Franklin, ME campsite, campers will enjoy all of this in addition to white water rafting! Other energized camp activities take place in what kids have come to call "Thunder Dome" and "The Barn." The weeks activities are designed to be fun and exciting while enhancing self-esteem and developing self confidence in a safe and caring social environment





Adventurers will mountain hike along the best of the back trails of Maine from the Canadian border to Bar Harbor This trip also includes whitewater kayaking and canoeing swimming, rock climbing and orienteering adventures. The focus of this eventful and exciting adventure is directed toward participants recognizing their capabilities as an individual and positively contributing their personal attributes to the group while enjoying a healthy

environment. Ride your mountain bike, borrow o Giant brand mountain bikes, or for an additional \$295 you an purchase a brand-new shop quality mountain bike at 60% discount. We highly recommend this option.

LAND AND SEA ADVENTURE (co-ed)

The Eight-Day Land & Sea trip is coed and offers adventurers four days of sailing, kayaking and canoeing swimming, tubing and island exploring along the beautiful coastline of Mt. Desert Island and Frenchman Bay. The ensuing four days' activities will include rock climbing, rappelling and whitewater rafting. This trip focuses on

ating skills and positive social interaction in a variety of



FUN and challenging environments.

JULY 21- 26 | \$1,495

he Acadia Adventure is based in Franklin. ME near Acadia National Park Activities will include swimming kayaking canoeing, hiking, rock climbing, rappelling in the beautiful Acadia National Park, sailing in Bar Harbor, and whitewater rafting on the Kennebec River! This program emphasizes on the benefits of being active, having FUN, social connection, healthy living and perseverance through individual and group challenges.

*For all programs, activities are subject to change subject to weather or program





WHITE MOUNTAIN

ADVENTURE (boys) 8 DAY | AGES 13-17 July 29-August 5 | **\$1,**8



highlighted with mountain biking, whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of each adventurer. Through these challenges, adventurers will increase their self-confidence spontaneity, teamwork and a sense of humor in new and thrilling environments.



6 DAY | AGES 13-17 June 27- July 2 | \$1,495



CONTACT US

Phone: 603-382-4661



Email: Office@adventurelore.ors

adventurer. Through these challenges, adventurers will

increase their self-confidence, spontaneity, teamwork

and have FUN in a new and thrilling environment

SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 - for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornvouthsooccer@gmail.com



Sanborn Baseball and Softball Association Registration is Open All levels

Baseball:

T-Ball Ages 4-6 years old Rookies ages 6 and 7 Minors ages 8 and 9

Majors ages 10 till 12 Babe Ruth Ages 13-18 Softball U8

Softball U12 Softball U14

Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help? Email us at: sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District